



Girl Guides of Canada- Guides du Canada
New Brunswick Council

2018 Fall Workshop
“Leading Together”
Rothesay High School
61 Hampton Rd, Rothesay NB
October 19 - 20, 2018

Mark your calendar now and plan to attend the Fall Workshop in Rothesay, NB. This year's host is Kennebecasis Area, and they are working hard to make the event great for everyone. The Girl's First Champions will be on hand and ready to lead us into understanding more about the new program.

After you register on Friday evening, plan to be amazed by the Provincial Committee displays, and then make your way to the sessions – active, fun and round table discussions are planned for all levels of Guiding.

Following the Opening Ceremony on Friday evening, everyone is invited back to the Amsterdam Inn for a meet and greet, hosted by the Girl's First Champions. Please join us to talk with your Girls First Champions, Provincial Commissioner and her Deputy along with other members of the Provincial Council. Laugh, share and enjoy in the Sisterhood of Guiding!

On Saturday there will be three double sessions in the morning on Girls First as well as Saturday afternoon. Everyone will be given a chance to attend these sessions. Other sessions will be available, so you can learn, share and have fun. Check out the schedule, chose your sessions and get your application in. People will automatically be placed in the GF sessions first, then your individual sessions. Some have a cap on them so the longer you wait, the less chance of getting in.

Hotels in the Area

The Amsterdam Inn was the closest to the venue.

Unfortunately, we are told that it is FULL up and there are no more rooms available.

Other nearby hotels

Rothesay Motel Cabins within walking Distance of High school 847-7168

Shadow Lawn Inn Beautiful older style Inn less than a km from School 847-7539

Best Western Plus Just off Rothesay Ave about 12 km away 1-844-281-1985

Hampton Inns Also off Rothesay Ave and about 12 km away 657-4600

Directions to the Amsterdam hotel

From Miramichi and beyond

Head towards Sussex /Saint John. Take exit 141 towards Quispamsis/Kingston

Go straight at the lights onto Millennium Drive

Hotel is on your right

From Fredericton and beyond

Head towards Saint John on highway NB 1 E

Take exit 141 Quispamsis/Kingston

Continue on Gondola Point Arterial for 300 m. Turn left onto Millennium Drive Hotel will be on the right

Directions from Hotel to School

Head Southwest towards Saint John After 2.5 km turn left on Campbell Drive.

Then right onto Marr Rd

Turn left onto Hampton Rd for about 1/2km

School is on the right

Registration Process

All registration and merchandise money is to be sent directly to the NB Provincial Office, Girl Guides of Canada, 55 Rothesay Avenue, Saint John, NB, E2J 2B2 and **NOT** passed along to a Commissioner of any level. Please clearly mark/indicate the person for whom the registration money is covering to ensure appropriate allocation of funds.

The Fall Workshop fee is \$30.00, HST inclusive. Please be sure to note food allergies and dietary restrictions on your registration form. Upon arrival at the school, check in at the registration desk.



We are pleased to offer, for purchase, a tear drop backpack. It has a zippered side front pocket as well as a pouch pocket for cell phones or accessories. Also has an adjustable shoulder strap and a key ring. Price \$10.00 each. Order cut off date Sept 15th, 2018.

No orders will be taken after this date.

Please bring along a completed Health Form. Be sure to identify any allergies and carry your Health Form with you where it can be accessed easily by a First Aider if necessary.

Snacks will be provided on Friday evening at the Meet & Greet, Saturday morning and Saturday afternoon. Guiders are asked to be environmentally friendly and bring their own travel mugs or water bottles.

Please be considerate of those with allergies and definitely refrain from wearing fragrances. Some people lose their voices around scents and others may have an anaphylactic reaction. We must take these allergies serious.

The school is a smoke free environment and smoking is not permitted on school property.

Emergency phone number for the event is: **(506) 651 3187**

Need Help? If you have any questions about this information, registration process or need any assistance please contact the Provincial Office (ProvincialOffice@girlguides.nb.ca)

Service Project

Toys for KVDVO

We are supporting the Kennebecasis Valley Domestic Violence Outreach. The KVDVO is a free outreach service that assists those that are affected by domestic violence in the Kennebecasis Valley and surrounding areas. They provide support and services to women who need help dealing with domestic violence. They are currently working on a project that will create a "soft interview room" at the KV police station. This will be a room for victims to give statements in. Right now, they're not very trauma-friendly - same rooms for victim and accused, and they're far from calming. One of the things they want to do is have a cart of children's toys/activities that can be wheeled in and out depending if there are children involved or not. **They are asking for toy/activity donations to help fill this cart.**

General Information

Friday:

Registration	6:00 pm – 8:00 pm	School Entrance
Sessions	7:00 pm – 8:15 pm	Classrooms
Opening Ceremonies	8:30 pm – 9:00 pm	Theatre
Meet and Greet	9:30 pm – 11:00 pm	Hotel

Saturday:

Registration	8:00 am – 9:00 am	School Entrance
Reflections	8:30 am – 8:45 am	Theatre
Training Sessions	9:00 am – 10:15 am	Classrooms
Break	10:15 - 10:45	
Session	10:45 am – 12:00 noon	Classrooms
Luncheon	12:00 pm Sharp	
Training Sessions	1:00 - 2:15	Classrooms
Break	2:15 - 2:45	
Training Sessions	2:45 - 4:00	Classrooms

Luncheon Menu

Soup buffet with a variety of ten different soups including Gluten free and vegetarian options and for sandwiches there will be egg salad, ham and Cheese and Turkey. Dessert: Cup Cakes, Fruit

Session Choices and Descriptions

Some of the following sessions are National Training Modules and some are general interest sessions. The National Training Modules are part of the Training and Enrichment for Adult Members (TEAM), and if you attend a National Training Module session, it will be recorded in your iMIS profile. Training sessions do have a size limitation. Book early to ensure your selection!

Friday Evening Sessions: 7:00 pm – 8:15 pm

#	Session Name	Description	Presenter
1	Round Table S/Br	Come and share with Sister Guiders some of your tricks for making the program fun.	Jane Hominick
2	Round Table G/PF/R	Come and share with Sister Guiders some of your tricks for making the program fun.	Joan Burke
3	How Bazaar!	Does your unit have badges that are going to be out dated and would like to sell or trade? Does your Area or District have crests to sell? Does your unit have crafts kits or supplies they would like to see gone? This will be a place where you can bring any Guiding thing you would like to sell.	Each Area supplies their own merchandise & vendor
4	Tell Us Your Story (for Guiders 18 – 35)	We value your feedback and want to hear from you what we're doing well and where we can improve. We understand that Guiders in your age range have different challenges and barriers to involvement. In addition to being great leaders and role models for the girls, we also believe that the friendships, networks, and leadership skills you build during these years will contribute to a more fulfilling life: friendships, recreation opportunities, job skills, etc. Join our Provincial Council member for Adults, Deb Maber and Provincial Commissioner, Beth Campbell at the Fall Workshop on Friday evening, for a chat about improving the Guider experience for you! Come 'side up to the bar'...candy bar that is, and share your story!	Beth Campbell & Deb Maber
5	Ranger Meet n' Greet		Pam Bull
6	Fab 5	Do you know what the Fab 5 songs are for 2018? Come and learn these oldies but goodies!	Rita Brooks
7	Simple Christmas Crafts	We will focus on 2 or 3 crafts that can be adapted for all ages from Sparks to Trefoil Guild	Faith Cormier
8	Service Projects	We all give to the food bank but what else can we do? How can we make a difference?	Carmel Hambrook
9	Dramatic Arts (TEAM Module - Enrichment)	Do you still put the Dramatic Arts into your program? Ann will show you how in her usual fun way.	Ann Connolly
10	Downsizing	Learn effective ways to downsize	Leanne Cochrane

Saturday Morning Sessions: 9:00 am – 10:15 am

#	Session Name	Description	Presenter
A1	Enrolment Ceremonies for Sparks & Brownies Beyond "Over the Rainbow" and "Twist Me & Turn Me"!	Have you done the same traditional ceremony for years? Are you new to Guiding and not sure what these ceremonies are all about? Come and create a fun and entertaining ceremony the Girls First way.	Sue Smith
A2	Adjusting your menus to fit today's allergies, sensitivities and food choices	Ever wonder how to handle those with allergies/sensitivity - Look at ways to adapt recipes & menus for allergies, religious customs and medical conditions	Heather Machum
A3	Finances	Come meet our new Provincial treasurer- Jennifer- and learn all the policies and procedures for keeping your unit books.	Jennifer Konings
A4	Government Services for Seniors	What is out there that is available to Seniors? Do you know what you can access?	Lilli Lin
A5	Instant Meetings	Instant meetings are a big part of the new Girls First program. See what is out there and how to make your own	Karen Webb
A6	Spa Ideas for your unit (limit 15 people)	Sparks to Trefoil would all enjoy a Spa night.	Deb Maber

Saturday morning Sessions 10:45 - 12:00 noon

B7	Nature - Guides/Pathfinders	Learn more great activities that will show the girls how to connect with nature and have fun at the same time.	Melanie MacIntyre
B8	Mental Health Issues in Children	What pressures are our girls under today? Why are there so many suicides with today's youth?	TBA
B9	What to do Instead of Screaming <i>All are welcome but best suited to Sparks, Brownies and Guides</i>	Have you ever felt ready to pull your hair out, feel you are going prematurely grey or actually lost your cool at unit gatherings. There is a better way! Come learn some strategies for keeping everyone happy and engaged. Be prepared to share your experiences, both good and ...well....less good.	Janet Stewart
B10	Guiding History can be fun	Back in the early 1900s, Guiding was a revolutionary idea. Let's go back to the sources and see just how revolutionary (and pick up a little Guiding history along the way)	Faith Cormier
B11	Safe Spaces	Making girls feel they are in a safe environment is an important part of Guiding	Tracey Hogg
B12	Fun Games for S/Br	Join me in a few active games that focus on team building and everyone having FUN while encouraging fair play, staying active	Lorraine Dawe

		and strategizing. Most importantly games that are FUN and ENTERTAINING!	
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DOUBLE SESSION SATURDAY MORNING 9:00 - 12:00 NOON

AB1	GIRLS FIRST	The Champions are ready to go! Learn Learn, Learn and ASK!	GF Champions
AB 2	GIRLS FIRST	The Champions are ready to go! Learn, Learn and ASK!	GF Champions
AB 3	GIRLS FIRST	The Champions are ready to go! Learn, Learn and ASK!	GF Champions
AB 4	OUTDOOR COOKING	Get some great skills as well as great recipes. Girls love to camp and eat!	CAMPING
AB 5	ARCHIVES	Join Ruby on a trip to the Archives,. Learn about Guiding in NB and see what our Archives has to offer	Ruby Henry

Saturday afternoon Sessions: 1:00 pm – 2:15 pm

#	Session Name	Description	Presenter
C1	Stem S/Br	Science isn't just for big kids. Find out about some hands on activities and experiments you can do with Sparks and Brownies at a sleepover, camp or unit meeting. Don't be afraid to get messy. <i>Bring an old T-Shirt to cover up with.</i>	Sue Smith
C2	Facilitation Skills		Ann Connolly
C3	Heart Health	Volunteers tend to forget about their own health needs. Let's kick start ourselves again.	TBA
C4	International Activities	Come and have fun with Judy and maybe learn a thing or two about International activities.	Judy Fournier
C5	Fire Starters (and maybe more)	This hands-on session will give participants the skills needed to make a wide variety of fire starters, from very simple camping hacks to more complicated creations. You will come away from this session with lots of examples to take home and the knowledge to teach this useful skill to girls of all ages	CAMPING
C6	Recycled Crafts	Why throw it away? Turn it into something fun!	Aldora Carruthers

Saturday afternoon Sessions: 2:45 pm – 4:00 pm

#	Session Name	Description	Presenter
D7	Camping with Sparks	Yes, Sparks CAN camp!	Mary Currie
D8	STEM G/PF/R	Science can be FUN. Find out about some hands on activities and experiments you can do with the girls at a sleepover, camp or unit meeting. Being a Nerd is chic!	Debbie Plouffe
D9	Putting the Pieces Together (TEAM module)	This training will help a Guider develop a sense of her own leadership style, understand different models of leadership, and increase her skills and confidence as a leader. She will also grow her understanding of group dynamics and girl-driven behaviour management strategies to support healthy unit collaboration among girls and between girls and Guiders.	Carmel Hambrooke
D10	Cookies and Fundraising	Tired of the same old Cookie Resources. Learn fun ways to market yourself. Did you know we have new Fundraising Guidelines?	Nadine Caissie Long
D11	Let's Be Knotty (I hope not - Knot)	Do you want to take your knot knowledge beyond the trusty Reef Knot? Do you want to learn ways to teach your girls knots using exciting games and cool crafts? Take your knot skills to the next level with this engaging & useful session.	CAMPING
D12	Bias Awareness/Equity	An introduction to how a personal bias is formed and helps us to recognize the ways we can perpetuate inequity without even realizing it.	Louise Chapman

DOUBLE SESSION SATURDAY Afternoon 1:00 - 4:00

CD6	GIRLS FIRST	The Champions are ready to go! Learn, Learn, Learn and ASK!	GF Champions
CD 7	GIRLS FIRST	The Champions are ready to go! Learn Learn, Learn and ASK!	GF Champions
CD 8	GIRLS FIRST	The Champions are ready to go! Learn Learn, Learn and ASK!	GF Champions
CD9	TAKING GIRLS TO CAMP	LEARN the ABC's of how to get the girls camping	Jennifer Allison
CD10	SAFE GUIDE	Safe Guide is compulsory and better understood when doing it with other Guiders in a face to face atmosphere	Karen Frontain

2018 Fall Workshop Registration Form

Registration Deadline September 28, 2018

Send your registration AND payment to NB Provincial Office, Girl Guides of Canada, 55 Rothesay Avenue, Saint John, NB, E2J 2B2. Ensure the person whose registration is being paid is clearly indicated.

2018 FALL WORKSHOP REGISTRATION FORM

Name: _____ iMIS: _____

Address: _____

City/Town _____ Postal Code: _____

Telephone: (____) _____ Email: _____

District: _____ Area: _____

____ I am a New Guider ____ I am an Experienced Guider with ____ years in Guiding

____ I am a Ranger _____ I will be attending a sleepover

(Please include an additional \$ 10.00 HST included if attending the sleepover.)
Ranges: Please list any food allergies or sensitivities when you apply.

Friday evening Session	Time 7:00 - 8:15	1st Choice	2 nd Choice	3 rd Choice
#				
Saturday Session	Time Morning	1st Choice	2 nd Choice	3 rd Choice
A	9:00 am – 10:15 am			
B	10:45 am – Noon			
Saturday Session	Time Afternoon	1st Choice	2 nd Choice	3 rd Choice
C	1:00 pm - 2:15 pm			
D	2:45 pm - 4:00 pm			
Saturday DOUBLE Session	Time DOUBLE	1st Choice DOUBLE	2 nd Choice DOUBLE	3 rd Choice DOUBLE
AB	9:00 - 12:00 NOON			
CD	1:00 pm - 4:00 pm			

The deadline to order an event item is September 15, 2018.
 No back pack orders will be taken beyond that date.

Event Item:

Quantity _____ X \$10.00 (HST included) each = \$ _____

Registration:

Quantity _____ X \$30.00 (HST included) each = \$ _____

Ranger Fee:

Quantity _____ x \$10.00 (HST included) each = \$ _____

Total Enclosed: \$ _____

Please list any food allergies, special dietary restrictions or parking needs.

Ranger Sleepover

Where: Our Lady of Perpetual Help; 74 Almon Ln, Rothesay, NB E2E 5K1

Cost for the sleepover: \$10 to cover food

The Rangers will participate in the activities at the school Friday night and be transported to the Church and back the next morning following a continental breakfast at the church.

There are 3 leaders including first aid in place and some fun activities planned once everyone arrives at the Church.